

Dr. Kishor S. Nikam
Principal

17 July 2026

NOTICE

Guest Session on Wellbeing of Gen Z

All B.Com and M.Com students are hereby informed that the **Department of Commerce** is organizing a Guest Session on the topic: **“Gen Z Wellbeing: Thriving in the Digital Age”**

Programme Details

- **Day & Date:** Wednesday, 22 July 2026
- **Time:** 9:00 a.m. – 10:00 a.m.
- **Venue:** Dnyaneshwar Hall

The session aims to create awareness about mental wellbeing among students and will provide valuable insights into the challenges faced by Gen Z in balancing digital life, academic pressures, and personal growth. Students will also have the opportunity to interact with experts and gain practical strategies for enhancing their mental health and resilience.

All concerned students are encouraged to attend and make the best use of this opportunity.



Dr. Ganesh Patore
HOD



Dr. Kishor Nikam
Principal