



MARATHWADA MITRA MANDAL'S  
**COLLEGE OF COMMERCE**

Affiliated to SavitribaiPhule Pune University, Re-Accredited by NAAC with "A" Grade  
ISO 9001:2015 Certified, Awarded as Best College by SavitribaiPhule Pune University  
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### **REPORT ON GUEST SESSION WOMEN'S HEALTH**

Student Development Cell has organised Guest Session on Women's Health under Nirbhay Kanya Abhiyan for all college girl students on 15 Feb 2025. Total 161 students participated in the Nirbhay Kanya Abhiyan program. The details of the guest session is as follows:

#### **Women's Health - Dr. Tanvi Kurhade**

The event commenced with a session on **Women's Health** by **Dr. Tanvi Kurhade**, a renowned health expert. Dr. Kurhade addressed the audience on various aspects of women's health, emphasizing the importance of maintaining both physical and mental well-being. The session covered a broad range of topics including:

- Common health issues faced by women.
- Preventive care and regular health checkups.
- The significance of proper nutrition and physical fitness.
- Managing mental health and stress.

The students actively participated in discussions and gained valuable insights into maintaining a healthy lifestyle. Dr. Kurhade encouraged the students to take charge of their health and seek timely medical assistance when needed.

This event was held with the participation of **161 students** and was organized by Student Development Officer Asst. Prof. Snehal Borkar and by the dedicated team members **Asst. Prof. Sonali Wagh** and **Asst. Prof. Renuka Talwar**. Principal Dr. Ganesh Patare addressed the session. The collaborative efforts of all stakeholders ensured a comprehensive approach to addressing the participants' needs and equipping them with essential skills for personal development and safety. Continued support and initiatives are crucial for sustaining the momentum of empowerment and creating a safer environment for girls in the community.



Pune, Maharashtra, India  
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 411041, India  
 Lat 18.440704° Long 73.81221°  
 15/02/2025 01:09 PM GMT +05:30

GPS Map Camera



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