



MARATHWADA MITRA MANDAL'S COLLEGE OF COMMERCE

Affiliated to Savitribai Phule Pune University, Re-Accredited by NAAC with "A" Grade
ISO 9001:2015 Certified, Awarded as Best College by Savitribai Phule Pune University
202 A, Deccan Gymkhana, Pune – 411004

principal@mmcc.edu.in, enquiry@mmcc.edu.in, www.mmcc.edu.in

Name of the event: Workshop on 'Mental Health of Journalists'

Date: 13th Mar '21

Time: 11 am

Venue: Department of Journalism and Mass Communication

Speaker: Ms. Neelambari Joshi

Brief description of the event:

MMCC's Department of Journalism and Mass Communication conducted a workshop on the topic 'Mental Health of Journalists' for the students on March 14, Saturday.

The guest lecture also dealt with the topics of mental health and its importance in today's society where every individual is on a constant race of professional and economic survival. Ms. Joshi addressed the students on these issues and especially the current scenario of the professional world of journalism. This guest lecture not only helped the students in the understand the basics of psychology, mental health and personality development but it also shed light on how to tackle with stress and pressures in the professional field of journalism and media.

Neelambari Joshi, an expert on literature, psychology and media is also an author of famous Marathi books like 'Zapoorza' and 'Madhyamkallol'.

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4. Photographs of the event

